

MEN'S 30 & UNDER BASKETBALL LEAGUE RULES

1. **Games:** Regular season games will consist of **two (2) THIRTY-FIVE (35) minute halves**. 5 minute break between halves. If game is tied at end of regulation, there will be (1) three minute overtime period. If the game is still tied, the game will end as a tie.
Note: Playoffs 4 minute overtime period.
 2. **Time out:** Each team has two (2) (one minute) time-outs per game. May be used at anytime. Plus (1) for overtime.
 3. **Clock:** The clock will run except in the last minute of the 1st half, last 3 minutes of the game, or for an injury. Clock will then stop on all out-of-bounds, fouls, and violations. The clock will stop when a team uses their time-out. **All fouls in the last minute of the 1st half, the last 3 minutes of a game, and the last minute of overtime, will be two (2) shot fouls. (Except on a 3 point shot attempt; 3 foul shots.)**
 4. **Fouls/ Violations/Out-of-Bounds:** A) These will all be called by players on the court. **If a player is fouled, he or the man who fouls him must call the foul.** When in doubt, "shoot'em out" (odds/evens). **No foul shot will be taken, except during the last 15 sec. of 1st half, last min. of the game, and min. of overtime.** All these will be two (2) shot fouls. (Except on a 3 point shot attempt; 3 foul shots.)
B) If a team is fouled 3 times on the same possession, they will be given 2 points. (An offensive rebound off a missed shot is considered a new possession.) Regular foul shots in the last 15 seconds of the first half and the last minute of the game, supercedes this rule.
Captains have the authority to make determinations regarding all fouls by reaching a mutual agreement.
 5. **Jump Ball:** There will be no actual Jump Balls. Captains will "shoot'em out" (odds/even) for the possession of the ball at the start of the game. Alternate for second half possession. Held ball or simultaneous out-of-bounds - "shoot'em out".
 6. **Out-of-Bounds:** You must 'check' the ball with the defensive team before the ball may be put into play. Check ball at top of the key, one pass must be made. (No dribbles by inbound passer.) Ball must have crossed 1/2 court line to be inbounded at top of key. If inbounded in the backcourt, offensive team may not fast break without "checking" the ball.
 7. **Subs:** Only on dead ball or your possession. You cannot sub after your team makes a basket unless the other team subs.
 8. **Uniforms:** Teams will determine what color shirts their team will wear.
 9. **Unsportsmanlike Conduct:** Throw a punch and you are banned from the league. Act like gentleman; call it when a foul is committed. The Haddam-Killingworth Recreation Department and its agents reserve the right to suspend or ban any player, no appeal. Flagrant intentional fouls will not be tolerated.
 10. **3 Point Rule:** There will be a 3 point shot rule in effect. Both of the shooter's feet must be behind the 3 point line (not on it). The shooter may jump from behind the line, as long as he releases the ball before his feet hit the floor. If the 3 point shot is good, the shooter should notify the scorekeeper by raising both arms in the air and verbally saying "3 points". If the defense disagrees with the 3 point call, a player from each team will "shoot'em out" (odds/even) to determine if it will be a 2 or 3 point shot.
 11. **NO UNATTENDED YOUNG CHILDREN ARE ALLOWED AT GAMES.**
 12. **Subs:** Captains may get a substitute player from another team. The substitute player or players should be of **lesser skill. Subs cannot play the first or last 5 min. of either half. During the playoffs, a team may only get enough subs to field a team of 6.**
 13. **Rules Clarifications**
Inbounds: In the backcourt from the nearest out of bounds line. All inbounds in the forecourt are at the top of the key. Ball must be passed not handed off. Any ball hitting a side basket, at any time, is a dead ball and a do over.

Kicked Ball: A ball accidentally striking a leg is not a violation. Intentional kicks are a violation.

Backboard is in play: A ball that hits the top, side, of bottom of the backboard, is still in play.
- Clean up your mess after your game and help put away chairs.**

